



Dayananda Sagar College of Arts, Science, and Commerce

Internal Quality Assurance Cell
Buddha Study Centre
Awareness Program



Department: BCA

Date of Report: 28/08/2026

Sl. No.	Particulars	Event related Details		
1.	Event*	Awareness Program		
2.	Title of the Event	Buddha Connect – An Interactive Experience & Mindfulness Programme	Aligned SDG Goal(s)	SDG 3- Good Health and Well-being
3.	Date of Conduction	28 - 08 - 2026	4.	Time : 10.00 AM to 11.00 AM
5.	Venue	Building No 17, DSCASC		
6.	Resource Person 1 Details	NA		
7.	Topics Covered	NA		
8.	Resource Person 2 Details	NA		
9.	Topics Covered	NA		
10.	No. Faculty Participants	Internal:	1	External: NA
11.	No. Student Participants	Internal:	50	External: NA
12.	Faculty Coordinator/s	1. Prof. Kiran C K, Assistant Professor, BCA, DSCASC		
13.	Student Coordinator/s	1)Priyanka Singh- U03CJ24S0107 2)Vijaya Shiyani - U03CJ24S0150		
14.	Total Expenditure	NA	15.	Sponsors and Amount NA
16.	Agenda of the Event	Focus on mindfulness, inner well-being, compassion and peace	17.	Provide the link of the report uploaded on College Website NO
18.	Social Media Links	NO	19.	Report sent to Newspapers? If yes, provide cuttings/images: NO
20.	Certificates Printed?	NO	21.	Feedback Collected? YES
22.	Attendance Sheet Attached? *	YES	23.	Photographs of the Event YES
24.	Summary of the Event	A Buddha Awareness Programme was conducted by the Buddha Study Centre in Department of BCA, on 28th August 2026, from 10:00 AM to 11:00 AM for 1 st semester BCA B section students. The programme was organized for the students to provide them with an opportunity to understand the teachings of Buddha and their relevance to leading a peaceful and mindful life. The session focused on understanding suffering, impermanence, and the journey towards inner peace through the Four Noble Truths and the Noble Eightfold Path. The concepts were shared with the students through an interactive session, followed by a guided meditation session that helped students develop mindfulness, concentration, and inner awareness. The programme encouraged students to reflect on the importance of peace, compassion, self-awareness, and balanced living in their everyday lives.		

Event Coordinator
02/09/26

Dr. Anil HOD-BCA
28/08/26

IQAC Coordinator
28/08/26

Principal
29/08/26



DAYANANDA SAGAR

COLLEGE OF ARTS, SCIENCE, AND COMMERCE



Shavige Malleshwara Hills, 1st Stage, Kumaraswamy Layout,
Bengaluru, Karnataka 560111

DEPARTMENT OF COMPUTER APPLICATION - BCA

AWARENESS PROGRAM

Buddha Connect -

An Interactive Experience & Mindfulness Programme



DATE
28 Aug 2026



TIME
10:00 AM -
11:00 AM



VENUE
Building No. 17,
DSCASC

Join us for an engaging session that
inspires awareness, fosters mindfulness,
and creates a positive & compassionate community.

EVENT COORDINATOR

HOD - BCA

VICE PRINCIPAL

PRINCIPAL



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Glimpses of the Event



Photograph 1 : Priyanka talking about four Nobel truth of life



Photograph 2 : Meditation Session for students



Photograph 3: Activity on active listening and concentration



Photograph 4 :Activity on patience and self-control

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Kumaraswamy Layout, Bangalore - 560111
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Internal Quality Assurance Cell
Buddha Study Centre



Name of the Activity: Awareness Program : "Buddha Connect- An Interactive Experience &
Mindfulness Programme"

Department: Department of Computer Applications - BCA

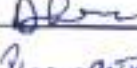
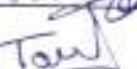
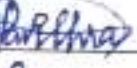
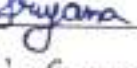
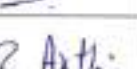
Date: 28.08.2026

BCA I SEM "B"

Time: 10.00 AM to 11.00 AM

Sl. No.	Student Name	Reg. No.	Signature
1	Yashwanth . A		
2	Paran Gowda . S		
3.	Purnith . R		
4.	Vinith Kumar . K		
5.	Shabith . Y		
6.	Samruith . N		
7.	Preetham . T . S		
8.	Revanth Parag . h		
9.	Tejas . R . Gowda		
10.	SKANNA GURU RABHA . A		
11.	Vignesh Karthik . S		
12.	Preetham . N		
13	Nikhil gowda . K		
14	Nithesh . V		
15	Raj Yadav		
16.	Shaik. mohammed. Sameer		
17.	YASHAS . L		
18.	Rushil Ponnappa		
19.	V. Preetham Kumar		
20.	S. Bharath		



Sl. No.	Student Name	Reg. No.	Signa
21	Aishwarya. V		
22	Yogisha. B. Rao		
23	N. Narayan		
23	Sai Sudhan. S		
24	Tanish		
25	Syed Luqman Hussain		
26	S. Dhruvesh		
27	Pranav. D		
28	Tanish. A		
29	VISHWANATH. S		
30	TAGORE S PRAJWAL		
31	Prarthana. R. Kiran		
32	Pallavi. P		
33	Parithra. S		
34	S. Soujanya		
35	Nodjean Liza. N		
36	Uzma. R		
37	Varshini. P		
38	Pallavi. R		
39	Nargis Khanam		
40	K. Vaishnavi Sree		
41	Parithra. M		
42	Vandana. V		
43	R. Arthi sree varma		

Event Co-ordinator: Kiran c.k.

Signature: 





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STUDENT FEEDBACK FORM

Name of the Student: SREYA SHIBU UUCMS No.

Course: BCA Sem: 1st Section: B

Name of Activity: Buddha Connect - An Interactive Experience program

Organized by: Buddha Study Center Date: 28.08.26

Resource Person: Programme/Class: I sem BCA

Rating Scale: 5 – Excellent | 4 – Very Good | 3 – Good | 2 – Satisfactory | 1 – Needs Improvement

No.	Feedback Parameter	5	4	3	2	1
1	Relevance of the activity	☒	☐	☐	☐	☐
2	Quality and clarity of content delivered	☒	☐	☐	☐	☐
3	Effectiveness of the resource person/facilitator	☒	☐	☐	☐	☐
4	Interaction and student participation	☒	☐	☐	☐	☐
5	Achievement of the intended learning outcomes	☒	☐	☐	☐	☐
6	Improvement in my knowledge/skills through the activity	☒	☐	☐	☐	☐
7	Ability to apply the learning gained	☒	☐	☐	☐	☐
8	Organization and coordination of the activity	☒	☐	☐	☐	☐
9	Overall satisfaction with the activity	☒	☐	☐	☐	☐

Learning Outcome / Student Response

Important learning/skill gained from this activity:

SELF CONTROL, COMMUNICATION SKILL, LISTENING SKILLS ETC.

Suggestion for improvement / future activity:

MORE ACTIVITIES

Would you recommend similar activities in future? ☒ Yes ☐ No

Overall Rating: ☒ Excellent ☐ Very Good ☐ Good ☐ Satisfactory ☐ Needs Improvement

Signature of the Student:

Sreya Shibu

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STUDENT FEEDBACK FORM

Name of the Student: YASHAS L UUCMS No. 26 00322908
 Course: BCA Sem: 1 sem Section: B
 Name of Activity: Buddha Connect - An Interactive Experience Program.
 Organized by: Buddha study center Date: 28/8/26
 Resource Person: — Programme/Class: 1 sem BCA

Rating Scale: 5 – Excellent | 4 – Very Good | 3 – Good | 2 – Satisfactory | 1 – Needs Improvement

No.	Feedback Parameter	5	4	3	2	1
1	Relevance of the activity	☐	☒	☐	☐	☐
2	Quality and clarity of content delivered	☒	☐	☐	☐	☐
3	Effectiveness of the resource person/facilitator	☐	☒	☐	☐	☐
4	Interaction and student participation	☒	☐	☐	☐	☐
5	Achievement of the intended learning outcomes	☐	☐	☒	☐	☐
6	Improvement in my knowledge/skills through the activity	☒	☐	☐	☐	☐
7	Ability to apply the learning gained	☒	☐	☐	☐	☐
8	Organization and coordination of the activity	☒	☐	☐	☐	☐
9	Overall satisfaction with the activity	☐	☒	☐	☐	☐

Learning Outcome / Student Response

Important learning/skill gained from this activity:

Self control, listening skill, concentration, communication etc.

Suggestion for improvement / future activity:

make it more brief about the topic to make people understand the bases of it better

Would you recommend similar activities in future? ☐ Yes ☐ No

Overall Rating: ☐ Excellent ☒ Very Good ☐ Good ☐ Satisfactory ☐ Needs Improvement

Signature of the Student: YLL

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