



Dayananda Sagar College of Arts, Science and Commerce
Shavige Malleshwara Hills, Kumaraswamy Layout, Bengaluru - 560111

Health and Wellness Unit
in association with NIMHANS

Student Mental Well-being
Report on Post-Assessment for Faculty Gate Keepers

Date: 12.11.2025

Timings: 2:00 pm - 2:30 pm

Venue: Building #13: Room No. 202

No. of Faculty Gatekeepers: 08

NIMHANS Coordinator: Ms. Karishma

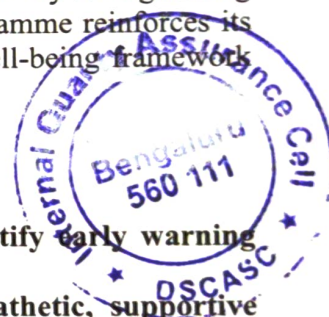
Dayananda Sagar College of Arts, Science and Commerce, in collaboration with the National Institute of Mental Health and Neurosciences (NIMHANS), conducted a Post-Assessment Session for the Faculty Gatekeepers. The initiative aimed to evaluate the effectiveness of the training provided to faculty members in identifying, supporting and referring students experiencing mental health challenges.

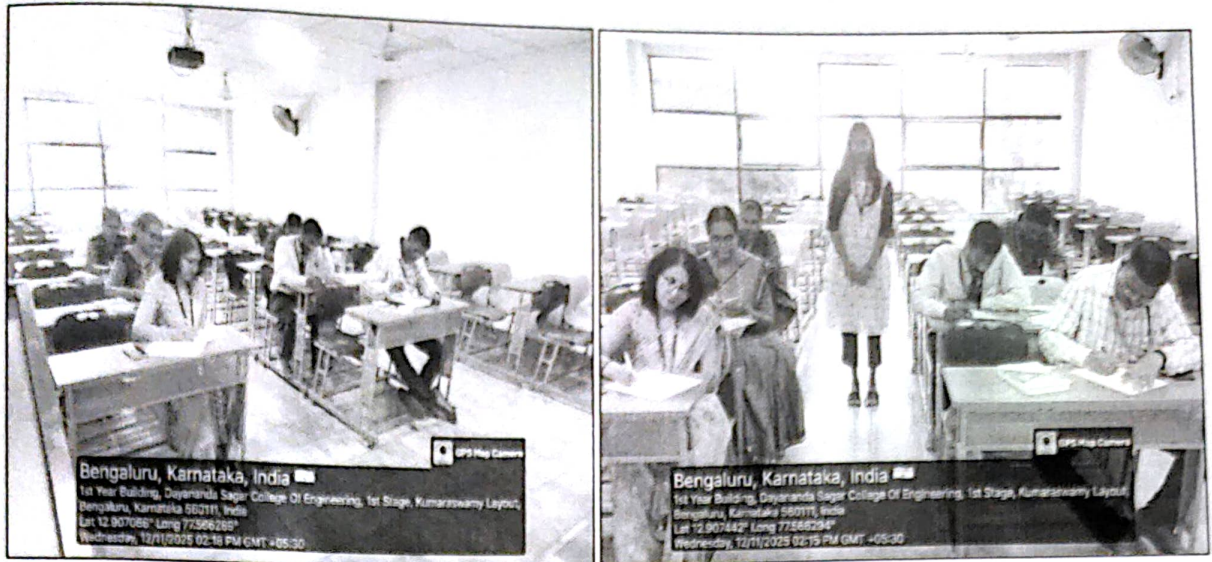
The post-assessment focused on measuring the enhancement of gatekeeping skills among faculty, including their awareness of early warning signs, confidence in initiating supportive conversations, and ability to guide students toward appropriate mental health resources. Faculty members were also assessed on their understanding of crisis-response protocols and their preparedness to act as first-level support systems within the campus.

This assessment served as a crucial follow-up to the training, ensuring that faculty gatekeepers are well-equipped to contribute to a mentally healthy campus environment. By strengthening their capacity to recognise distress and offer timely intervention, the programme reinforces its commitment to creating a supportive, responsive and proactive mental well-being framework for students.

Objectives

- To evaluate the improvement in faculty members ability to identify early warning signs of psychological distress among students after the training.
- To assess faculty confidence and competence in initiating empathetic, supportive conversations with students experiencing mental health challenges.
- To measure the effectiveness of faculty understanding of referral pathways and their ability to guide students toward appropriate mental health resources, including crisis support.
- To determine faculty preparedness in applying crisis-response protocols and acting as first-level support systems during student mental health emergencies.
- To identify gaps, strengths and further training needs to enhance the overall gatekeeping capacity and contribute to a proactive, mentally healthy campus environment.





Gallery 1: Faculty gatekeepers attending post-assessment post Mental Well-being training programme



Picture 1: Faculty gatekeepers, Mental well-being Coordinator with the NIMHANS Coordinator Ms. Karishma



[Signature]

Faculty Coordinator

[Signature]

IQAC Coordinator

[Signature]

Principal
Principal

IQAC Co-ordinator
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