



Dayananda Sagar College of Arts, Science and Commerce
Shavige Malleshwara Hills, Kumaraswamy Layout, Bengaluru – 560111

Health and Wellness Unit
in association with NIMHANS

Minutes of Meeting (MoM) - 01

Date: 14.08.2025

Time: 11:00 am

Venue: Building no. 13, Principal's cabin

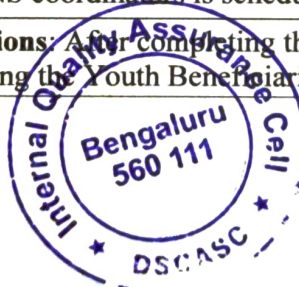
Participants: Ms. Tanvi Agarwal, Nimhans Coordinator

Dr. Balu L, Principal

Prof. Anusha Kalburgikar, Student Wellbeing Coordinator

Point No.	Particulars
1	Discussion on Programme Implementation: Ms. Tanvi Agarwal from NIMHANS, along with the Principal Dr. Balu L and Prof. Anusha Kalburgikar, discussed the implementation of the NIMHANS Programme at DSCASC for the year 2025–2026.
2	Target Group: The programme will begin with I Year B.Com students as the first batch.
3	Awareness Session by Student Well-being Coordinator: On 18.08.2025 , Prof. Anusha Kalburgikar will address each section of I Year B.Com to create awareness about the programme.
4	Nomination of Youth Champions: The respective Class Counselors must submit the names of 4 nominated students (2 boys and 2 girls) from each section by 19.08.2025 , resulting in a total of 24 Youth Champions across all sections.
5	Pre-assessment and Address by NIMHANS: On 25.08.2025 at 10:00 AM, Ms. Tanvi Agarwal will address the Youth Beneficiaries of I Sem B.Com – A Section and conduct a pre-assessment. The 24 Youth Champions will also receive a separate address and pre-assessment session.
6	Two-day Youth Champion Training: The training for Youth Champions, conducted by NIMHANS coordinators is scheduled for 1 st & 2 nd September, 2025.
7	Role of Youth Champions: After completing the training, Youth Champions will be responsible for training the Youth Beneficiaries within their respective sections.


Coordinator




Principal

Principal
**Dayananda Sagar College of Arts
Science & Commerce**
Kumaraswamy Layout, Bengaluru - 560 111