



Dayananda Sagar College of Arts, Science, and Commerce

Internal Quality Assurance Cell

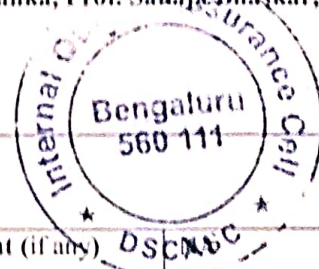
Personal Counselling And Mentoring Cell- Apthamithra

Report of the Event Conducted

Department*: DSCASC

Date of Report: 11-08-2025

Sl. No.	Particulars	Event related Details			
	Event*	Faculty Development Program.			
	Title of the Event	"THINK BEYOND THE TIME TABLE"			
	Date of Event	09/08/2025	4.	Time	Session 1: 10:00AM-12:00PM Session 2: 2:00 PM - 4:00PM
	Venue	Seminar Hall, Building 17			
	Resource Person 1 Details (Profile to be enclosed)	Name: Mr. William Paul Designation: Trainer and Advisor. Mobile No:9342154504		Organization: Think High Specialization:Trainer & consultant Email ID: thinkhighconsulting@gmail.com	
	Topics Covered	Work Life Balance, Strategies to Prioritise the work.			
	Resource Person 2 Details	NA			
	Topics Covered	Work Life Balance			
	No. Faculty Participants	Internal:	75	External:	NA
	No. Student Participants	Internal:	NA	External:	NA
	Faculty Coordinator/s	Full Name	Dr. Rashmi Ravi, Prof Parminder kaur, Prof. Sowmya G, Prof Praveen, Dr. Sudarshan savanoor, Dr. Monica Ranka, Prof. Sathya Bhaskar, Prof. Niveditha, Dr. Guruprasad.		
		Department Designation	BBA/ B.Com Assistant Professor		
	Student Coordinator/s	Full Name	NA		
		Department Designation	NA		
	Total Expenditure		Rs.5000	Sponsors and Amount (if any)	DSCASC
	Agenda of the Event (Attach a copy)	NA	17.	Provide the link of the report uploaded on College Website	Yes
	Social Media Links (Provide the links of the report uploaded on Social Media)	Yes	19.	Report sent to Newspapers? If yes, provide cuttings/images:	
	Certificates Printed? (Attach a copy**)	Yes	21.	Feedback Collected?	Yes
	Attendance Sheet Attached? "	Yes	23	Photographs of the Event	yes
	Summary of the Event	Session 1 : Think Beyond the time table session provided a structured, confidential setting for individuals to explore and resolve challenges affecting their work-life balance. Session 2 : Work Life Balance Wheel Discussed and interactive activities are conducted. Counsellors helps the identifiers in managing the stress and balancing the lifestyle.			



Event Coordinator

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Kumara my Layout, Bengaluru - 560 111

Principal

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