



Dayananda Sagar College of Arts, Science, and Commerce

Internal Quality Assurance Cell

Bridge and Remedial Cell

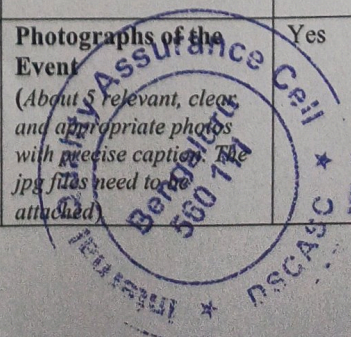
Report of the Event Conducted

(One form to be filled for each event)

Department: B.Sc.

Date of Report: 21-07-2025

Sl. No.	Particulars	Event related Details			
1.	Event*	Orientation program			
2.	Title of the Event	Essential life skills for students			
3.	Date of Conduction	11-07-2025	4.	Time	11 AM to 12 PM
5.	Venue	Dr PC Sagar Auditorium			
6.	Resource Person 1 Details (Profile to be enclosed)	Ms. Sushma, Counciller and Life Coach			
7.	Topics Covered	life skills for students			
8.	Resource Person 2 Details (Profile to be enclosed)	NA			
9.	Topics Covered	NA			
10.	No. Faculty Participants (Enclose a copy of names with signatures)	Internal:	4	External:	0
11.	No. Student Participants (Enclose a copy of names with signatures)	Internal:	20	External:	0
12.	Faculty Coordinator/s	Dr. Nagaraja T Department of BSc, Assistant Professor of Physics			
13.	Student Coordinator/s	NA			
14.	Total Expenditure (Details to be enclosed)	NA	15.	Sponsors and Amount (if any)	NA
16.	Agenda of the Event (Attach a copy)	NA	17.	Provide the link of the report uploaded on College Website	-
18.	Social Media Links (Provide the links of the report uploaded on Social Media)	-NA	19.	Report sent to Newspapers? If yes, provide cuttings/images:	-
20.	Certificates Printed? (Attach a copy**)	-	21.	Feedback Collected? (Attach a copy**)	Yes
22.	Attendance Sheet Attached? #	Yes	23.	Photographs of the Event (About 5 relevant, clear and appropriate photos with precise caption. The jpg files need to be attached)	Yes



Sl. No.	Particulars	Event related Details
24.	Summary of the Event	The Department of Bachelor of Science organized an insightful session titled "Essential Life Skills for Students" on 11th July 2025. The event aimed to train students with practical skills essential for personal and professional growth. Key topics covered included time management, emotional intelligence, decision-making communication skills, and stress management. The session featured expert speakers who engaged students through interactive discussions and real-life scenarios. The event concluded with a Q&A session, leaving participants better prepared to navigate academic and life challenges with confidence.

Nagasa T
Event Coordinator 21/7/25

R. G. Prasad
21/07/25

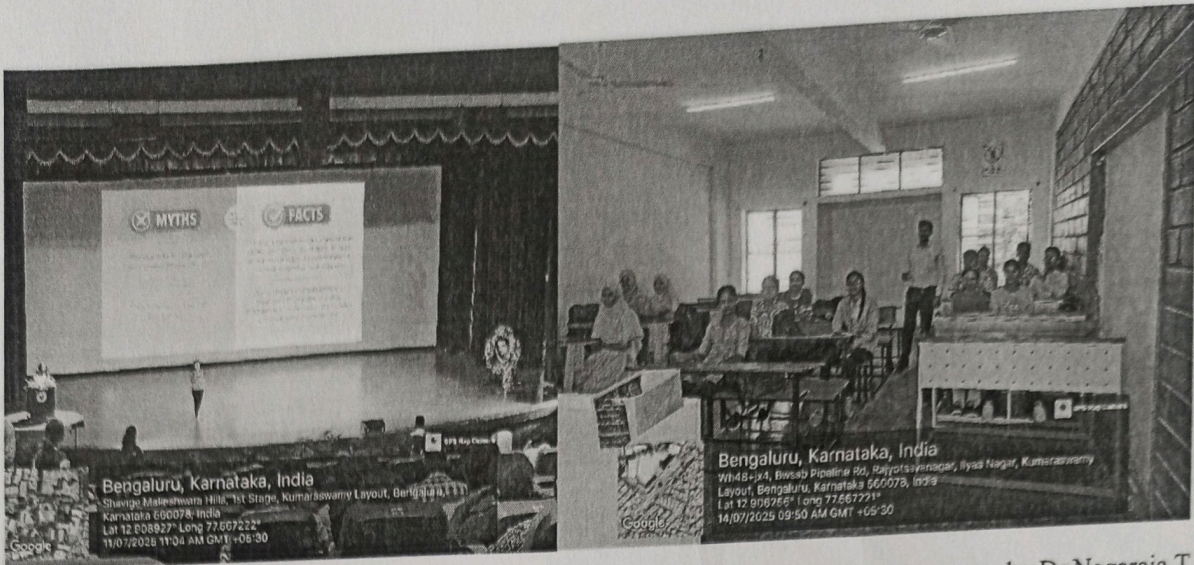
IQAC Coordinator
IQAC Co-ordinator
Dayananda Sagar College of Arts,
Science & Commerce
Kumara mv Layout, Bengaluru - 560 111

Balu C
21/7/25

Principal

Principal
Dayananda Sagar College of Arts
Science & Commerce
Kumaraswamy Layout, Bengaluru - 560 111





Life skills talk by Ms. Sushma, Counciller and Life Coach, Orientation class related to the course by Dr Nagaraja T



Participated students





DAYANANDA SAGAR COLLEGE OF ARTS, SCIENCE AND COMMERCE

Kumaraswamy Layout, Bangalore - 560111
(Affiliated to Bangalore University, Approved by AICTE, NAAC Accredited)
Internal Quality Assurance Cell

Name of the Activity: Essential life skills for students

Department: B.Sc.

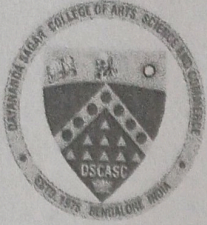
Date: 11/07/2025 Time: 11 Am to 12 PM

S. No	Student Name	Signature
1	Monika Shree.H	Monikashree.H
2	SHRUTHI YADAV	Shruthiyada
3	Jayashree .S	Jayashree.
4	Bhuvaneshwari .R	Bhuvaneshwari.R.
5	Saathwik .K	Saathwik .K
6	pragathi .g	pragathi
7	Alifa Syed	Alifa
8	Asiya Kulsum	Asiya
9	Aparna Sujith	Aparna
10	Anganya H.B	Anganya
11	Halima	Halima
12	C.Nithin Kumar	C.Nithin Kumar
13	P.H Mohammed Anwaar.	Anwaar.
14	Iram Khan	Iram
15	Sharanya B.S	Sharanya
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Event Coordinator Name: Dr. NAGARAJA.T

Signature: Nagaraj T.





**DAYANANDA SAGAR COLLEGE OF ARTS, SCIENCE &
COMMERCE**

Affiliated to Bangalore University
Shavige Malleshwara Hills, Kumaraswamy Layout, Bengaluru, Karnataka-560 078
Phone: +91 8042161762 / 26661104 Fax: 26660789
Website: <https://dscasc.edu.in/>



**Under the guidance of IQAC
Bridge and Remedial Cell**

Event Name: Orientation programme

Date: 11-07-2025

Venue: Dr. P.C. Sagar Auditorium

Student Feedback

Name: Monika Shree.H

Department: Bachelor of Science [PCM].

Initially, thanking the institute for arranging the programme which was thought by many great and experienced people. The session of each and every day got some impact in our minds. Especially the session held by Psychiatrist was much impactful, and I personally fixed how to improve myself apart from academics, learnt to be compassionate and getting collaborated with my surrounding.

My gratitude !!



Monika Shree.H